

Auxotonic 2.0

CANALI
SYSTEM

SHOULDER MACHINE



DESCRIPTION

This is a machine with postural rotation, abdominal stabilization and a convergent push action, designed to target the deltoid muscles.

It offers progressive Auxotonic resistance.

The "Safety Back" system helps reduce stress on the lower back.

The handle positioning allows you to work both the front and rear deltoids, with adjustable angles for the shoulder girdle, providing a more effective and customizable workout.

BENEFITS

The lift mechanism generates resistance without the need for additional weights.

This movement also supports the spine and helps stabilize the abdominal muscles during the workout.

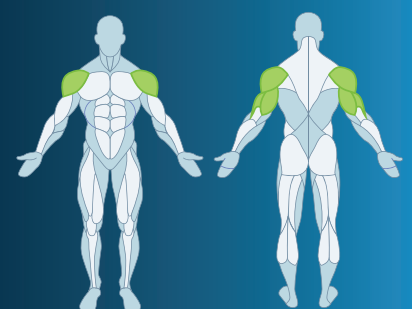
Resistance can be adjusted independently on both sides, allowing customization based on the user's needs.

The progressive Auxotonic resistance ensures consistent effort throughout the entire range of motion, without any drop-off in the most favorable angles.

The converging levers allow for a targeted push from each shoulder, enhancing the movement of the arms.

Muscles trained

Deltoids - Triceps



TECHNICAL SPECIFICATIONS

Product Code	SLD - 00237
Resistance System	Canali System
Resistance Levels	20
Differentiated Work (dual selector)	Yes
Assisted Start	No
Minimum/Maximum User Height	150 - 205 cm
Length	167 cm
Width	117 cm
Height	180 cm
Equipment Weight	215 kg

