#### Human Cardio

# HUMAN BIKE



# SCANALI

### DESCRIPTION

The Human Bike is the perfect tool for aerobic training, designed to improve both respiratory and cardiovascular fitness.

Its biomechanics simulate the feel of outdoor cycling. The ergonomic, adjustable seat comfortably supports your body, allowing you to maintain a natural and optimal position throughout your workout.

#### **KEY FEATURES**

#### A more realistic cycling experience

Carefully designed based on extensive research done on gym bikes, the Human Bike offers a pedaling feel that closely mimics outdoor cycling.

#### **Integrated elbow rests**

Crafted from high-density material, these elbow rests ensure a comfortable grip, even during intense sessions.

#### **Multi-position handlebar**

With several handlebar positions, you can easily switch up your workout intensity. The pedal spacing is narrower than typical gym bikes, closely resembling the setup of a road bike for a more authentic cycling experience.



## **TECHNICAL SPECIFICATIONS**

Product Code	HBL - 00330
Minimum/Maximum User Height	150 - 205 cm
Length	120 cm
Width	68 cm
Height	150 cm
Equipment Weight	65 kg
Resistance Levels	36
Training Programs	8
Wattage	300 W
Device Charging	USB Port
Number of Speakers	2
Hand Sensors	2









