

HUMAN RUN TOUCH



DESCRIPTION

This treadmill is designed to mimic the sensation of running on a track or on grass.

Its cushioning system offers a responsive feel without being too firm.

The sturdy frame and powerful motor enable speeds of up to 22 km/h.

With heart rate-controlled workout programs, you can set your target heart rate, and the machine will automatically adjust the incline and speed to match your effort, ensuring a workout tailored to help you reach your fitness goals.

BENEFITS

This machine improves lung capacity and cardiovascular fitness while strengthening the entire body.

It supports weight loss and enhances both aerobic and anaerobic endurance.

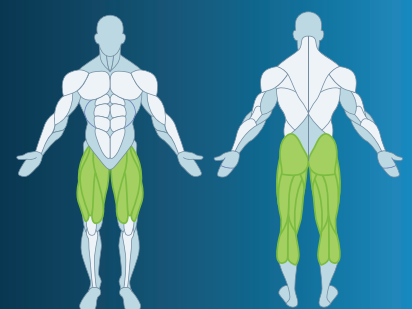
DESIGN

The ergonomic design of the handlebars increases comfort and provides more freedom of movement.

The strategically positioned display, along with Fast Track controls and three different ways to adjust settings, allows you to easily modify and monitor your workout data.

Muscles trained

Hamstrings



TECHNICAL SPECIFICATIONS

Product Code	HRT - 00249
Running Surface	153 x 53 cm
Incline	0 - 15 %
Speed	0,8 - 22 km/h
Running Deck Height	26 cm
Maximum User Weight	188 kg
Length	215 cm
Width	93 cm
Height	164 cm
Equipment Weight	188 kg
Motor Power (Peak)	5.5 HP
Training Programs	8 - Quick Start, Target (Time, Distance, Calories), Heart Rate Control
Heart Rate Monitoring	Telemetry / Hand Sensor
Functions and Accessories	Manual and Maintenance Kit

